

Steroids for treating cerebral malaria (Review)

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[Intervention Review]

Steroids for treating cerebral malaria

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ABSTRACT

Background

Cerebral malaria is associated with swelling of the brain. Corticosteroid drugs could reduce the harmful effects of this swelling, but they could also suppress host immunity to infection.

Objectives

To assess the effects of corticosteroid drugs in patients with cerebral malaria on death, life-threatening complications, and residual disability in survivors.

Search strategy

In March 2008, we searched the Cochrane Infectious Disease Group Specialized Register, CENTRAL (*The Cochrane Library* 2008, Issue 1), MEDLINE, EMBASE, LILACS, and *mRCT*. We also checked reference lists.

Selection criteria

Randomized controlled trials comparing corticosteroids with no corticosteroids in addition to otherwise identical treatments for patients with cerebral malaria.

Data collection and analysis

Both authors independently assessed trial eligibility and risk of bias (methodological quality), and extracted data. Outcomes sought included death, death with life-threatening complications, other complications, and disability.

Main results

Two trials with 143 participants met the inclusion criteria. There were 30 deaths in the two trials, distributed evenly between the corticosteroid and control groups (risk ratio 0.89; 95% confidence interval 0.48 to 1.68; 143 participants). Clinical complications were reported as the number of events in each trial arm and did not exclude complications occurring in fatalities. This made it difficult to interpret the reports of significantly more episodes of gastrointestinal bleeding and seizures in the corticosteroid group. Neither trial examined disability.

Authors' conclusions

There is currently no evidence of benefit from corticosteroids, but the small number of participants means it is difficult to exclude an effect on death in either direction. Data on clinical complications are difficult to assess.

PLAIN LANGUAGE SUMMARY

Corticosteroids for treating cerebral malaria

Cerebral malaria is a severe form of the disease that can induce convulsions and coma; about 15% to 50% of patients with cerebral malaria will die, and 5% to 10% of survivors are left disabled as a result of brain damage.

In the past decades, health professionals often gave corticosteroids such as dexamethasone and hydrocortisone, as well as antimalarial drugs, to patients with cerebral malaria, with the aim of reducing the effects of swelling and inflammation in the brain.

This review assesses the effects of corticosteroid drugs given for cerebral malaria, on death, life-threatening complications, and residual disability in survivors.

The authors included two trials with a total of 143 patients (both adults and children). There were no significant differences in the number of deaths between the corticosteroid and control groups, and data on clinical complications were difficult to assess. Neither trial examined disability.

BACKGROUND

Many people continue to die from malaria, with deaths occurring in residents of malarious areas, as well as travellers visiting them. Cerebral malaria is a common severe form of the disease. These patients convulse, lapse into coma, and about 15% to 50% die ([Warrell 1982](#); [White 1982](#); [Looareesuwan 1983](#); [Philips 1985](#)). An estimated 5% to 10% of survivors are left disabled as a result of brain damage caused by the infection ([Valecha 1994](#); [Warrell 1997](#)). Interventions that improve outcomes in this condition are likely to have important health benefits.

From 1967 to 1982, health professionals often gave steroids (corticosteroids) such as dexamethasone and hydrocortisone as well as antimalarial drugs to patients with cerebral malaria ([Daroff 1967](#); [Oriscello 1968](#); [Woodruff 1968](#); [Shmitskamp 1971](#)). The rationale for this was that corticosteroids would reduce the effects of oedema and inflammation in the brain, and consequently reduce mortality and long-term disability.

Because of uncertainty about the effects of corticosteroids in cerebral malaria, we decided to systematically review the relevant trials testing corticosteroids in cerebral malaria.

OBJECTIVES

To assess the effects of corticosteroid drugs in patients with cerebral malaria on death, life-threatening complications, and residual disability in survivors.

METHODS

Criteria for considering studies for this review

Types of studies

Randomized controlled trials. Trials of alternate allocation were excluded.

Types of participants

Children and adults with clinically diagnosed cerebral malaria, defined as a positive blood slide, disturbed mental status, with other causes excluded.

Types of interventions

Intervention

Corticosteroid drugs (hydrocortisone, dexamethasone, prednisolone) given in addition to specific malarial chemotherapy.

Control

Antimalarial chemotherapy identical to the intervention group.

Types of outcome measures

Main outcomes

- Death.
- Death or life-threatening complication (such as pneumonia, septicaemia, pulmonary oedema, and seizures).
 - Death or any complication.
 - Death or disabling deficits (ie interfering with daily living) six months or more post-randomization.

Other outcomes

- Time to death.
- Time to recover full consciousness.

Search methods for identification of studies

We attempted to identify all relevant trials regardless of language or publication status (published or unpublished, in press, or in progress).

We searched the following databases using the search terms and strategy described in [Appendix 1](#): Cochrane Infectious Disease Group Specialized Register (March 2008); Cochrane Central Register of Controlled Trials (CENTRAL), published in *The Cochrane Library* (2008, Issue 1); MEDLINE (March 2008); EMBASE (March 2008); and LILACS (March 2008). We also searched the *meta*Register of Controlled Trials (*mRCT*) using 'malaria' and 'steroid* or corticosteroid* or cortisone or hydrocortisone or prednisone or prednisolone' as search terms (March 2008).

We also checked the reference lists of all studies identified by the above methods.

Data collection and analysis

The authors independently applied the inclusion criteria and resolved any disagreements by discussion. From each included trial, we extracted the method of treatment allocation, entry criteria, and outcome measures. We assessed each trial's risk of bias (methodological quality) using standard Cochrane Infectious Diseases Group methods. We also assessed completeness of follow up and sought to determine whether the trial authors had conducted an intention-to-treat analysis.

We analysed dichotomous data using the risk ratio (RR) and presented each result with a 95% confidence interval (CI).

RESULTS

Description of studies

See: [Characteristics of included studies](#); [Characteristics of excluded studies](#).

We identified four potentially relevant studies: we excluded two ([Characteristics of excluded studies](#)) and included two ([Characteristics of included studies](#)).

The two included trials had a total of 143 patients, both adults and children. One trial was conducted in Thailand ([Warrell 1982](#)) and the other in Indonesia ([Hoffman 1988](#)). We attempted to follow up an unpublished trial, which was conducted in Vietnam in the 1970s, but we have not been able to locate these data.

The trials appeared to take care to exclude other causes of disturbed consciousness in the patients. All patients had a blood slide showing asexual forms of the malaria parasite.

Both trials used the steroid dexamethasone (a corticosteroid). It was given in both trials as an intravenous injection, so there was no increased fluid load in the corticosteroid group. The doses given over the first 48 hours were different however; [Warrell 1982](#) used an intended total dose of 2 mg/kg, while [Hoffman 1988](#) used 11.4 mg/kg.

Both trials treated the corticosteroid and control groups with the same antimalarial regimen, which comprised of intravenous infusions of quinine given every eight hours. [Hoffman 1988](#) used a loading dose of quinine.

The two trials appeared balanced, apart from coma. In [Warrell 1982](#), 5/50 patients were unrousable in the corticosteroid group and 3/50 in the control group. In [Hoffman 1988](#), 16/19 patients were comatose in the corticosteroid group compared to 12/19 in the control group. However, these differences are slight and not statistically significant.

Risk of bias in included studies

Warrell 1982 did not describe the quality of concealment well. The effectiveness of blinding of the clinicians assessing the patient outcomes was not described. Intention-to-treat analysis for death was possible in Hoffman 1988. For the analysis of complications, the authors withdrew five patients (two from the experimental group and three from the control group; all died within six hours after randomization) from their primary analysis, and data regarding complications in these patients were not provided. In these circumstances, we used the data available.

In both trials, the trial authors reported only the number of complications (not the number of patients with complications). As patients may have more than one complication, each complication has to be analysed independently. Thus no combined analysis of 'all complications' was possible with the data available. Also, we were careful in evaluating statistically significant differences between groups for these multiple associated outcomes as they could arise by chance alone.

Effects of interventions

Death

The meta-analysis showed that deaths were distributed evenly between the corticosteroid and control groups in both trials (RR 0.89; 95% CI 0.48 to 1.68; 143 participants, 2 trials, Analysis 1.1).

Illness

The available data did not differentiate between survivors and fatalities, which meant it was not possible to identify the number of patients with life-threatening morbidity who survived. The data also simply recorded the number of times the conditions occurred in each group; this means a particularly sick patient could have contributed to all six of the complication categories. The only analysis of complications by patient was in Warrell 1982, which reported "any complications" by corticosteroid and control group. This trial showed a significantly higher number of complications in the corticosteroid group (RR 1.59, 95% CI 1.00, 2.52; 100 participants, Analysis 1.2).

As one patient can contribute to all outcomes, and these outcomes are closely associated, caution should be exercised in inferring any trends relating to different outcomes.

In relation to pneumonia, Warrell 1982 showed more morbid reports of pneumonia in the corticosteroid group (100 participants Analysis 1.3); however, there were fewer morbid reports of pulmonary oedema in the corticosteroid group (100 participants, Analysis 1.4). This contrasts with the smaller Hoffman 1988 trial, which recorded no cases of pneumonia in the corticosteroid group (43 participants, Analysis 1.3). Given this heterogeneity, it does not make sense to quote a RR; however, it is worth noting the

confidence intervals around the estimate are wide and do not show any statistical significance.

The meta-analyses for pulmonary oedema (Analysis 1.4), urinary tract infection (Analysis 1.5), and bacteraemia/septicaemia (Analysis 1.6) do not show any significant difference; each meta-analysis involved both trials and 143 participants.

Gastrointestinal bleeding was more common in the corticosteroid group, and this was consistent in both trials (RR 8.17, 95% CI 1.05 to 63.6; 143 participants, Analysis 1.7).

Seizures were also more common in the corticosteroid group (RR 3.32, 95% CI 1.05 to 10.47; 143 participants, 2 trials, Analysis 1.8).

Hypoglycaemia was reported only in Hoffman 1988, whereas bed sores and psychoses were reported only Warrell 1982; neither showed a significant difference between the two groups.

Survivors and fatalities: time to critical incident

In survivors, both trials measured mean or median time between the start of treatment and coma resolution. The mean time between start of treatment and coma resolution in the dexamethasone versus placebo group was 83.4 hours (standard deviation (SD) 49.3) versus 80.0 hours (SD 59.4) in Hoffman 1988 (not statistically significant). In Warrell 1982, the times were approximately 76 hours in the corticosteroid group and 57 hours in the control. In fatalities, the mean time between start of treatment and death in the Hoffman 1988 was 47.7 hours (SD 43.9) in the corticosteroid group compared with 61.5 hours (SD 89.5) in the control group. In Warrell 1982, times were 53.3 hours (standard error (SE) 10.1) in the corticosteroid group compared with 25.1 hours (SE 3.6) in the control group.

Disability

Neither trial followed up beyond discharge from hospital, so we could not examine effects of corticosteroids on residual deficits at three to six months.

DISCUSSION

We identified two trials that compared corticosteroids plus antimalarial treatment with antimalarial treatment alone (Warrell 1982; Hoffman 1988). Both were conducted in Asia, in Thailand (Warrell 1982) and Indonesia (Hoffman 1988), and both enrolled small numbers of participants.

This review does not demonstrate an effect of corticosteroids on death from cerebral malaria, but the number of included participants is small. The review therefore cannot exclude potentially important effect of corticosteroids either increasing or decreasing the risk of death.

There were problems with interpreting the data on complications. Warrell 1982 reported an aggregate statistic of all complications, but this figure combined conditions irrespective of their severity; for example, urinary tract infection was combined with frank pulmonary oedema. In our protocol we intended to separate obviously life-threatening complications from other complications, but this was not possible. The main difficulty was that morbidity was counted as episodes, so a single patient with multiple conditions could inflate morbidity counts across several categories, particularly the patients who died.

Each trial reported on seven to eight complications, all of which make clinical sense. Nevertheless, we would anticipate some statistically significant differences occurring by chance with this number of comparisons, so significance in one or two variables could occur by chance.

Pneumonia occurred more frequently in Warrell 1982, and the difference was statistically significant. The difference is also likely to convince clinicians (seven in the dexamethasone group, and one in the control group). However, Hoffman 1988 did not show a similar pattern. In fact, there were more cases of pneumonia in the control group, and, taken together, there was no significant difference in the occurrence of this condition. This therefore creates uncertainty about the extent to which the results from Warrell 1982 can be generalized in relation to pneumonia, and the cause of this heterogeneity between trials is not clear. It could be differences in diagnostic patterns between the two sites or true differences in pathology in the two settings.

There were more cases of gastrointestinal bleeding in the dexamethasone group, and no cases were reported in the control group, an effect known to be associated with corticosteroid administration. This result seems unlikely to have arisen by chance. It could be that there was differential reporting between the two groups in unblinded observations, as gastrointestinal bleeding is commonly associated with corticosteroids. It does seem unusual that in 72 severely ill people in the control group there was no gastrointestinal bleeding reported, which could suggest this complication is rare in severe malaria, or that there was differential reporting between the two trial arms. However, gastrointestinal bleeding was consistent between the trials, statistically significant, and thus the strongest evidence of a harmful effect.

The doses of corticosteroids varied between the trials, and this may have influenced the rate of complications. However, there was no striking association between the high-dose regimen in Hoffman 1988 and the complication rate.

Outcomes measured were in the short term, and no data were available as to whether corticosteroids affect the chance of disability in survivors.

Time to critical events

We extracted data on time between the start of treatment and death. Specialists have argued that if corticosteroids prolong this interval, this provides evidence that the drug has potential to reduce the mortality rate. The reason for this is that a prolonged survival time gives specific antimalarial drugs longer time to kill the parasites, thereby enhancing survival. To examine this in more detail, the data need to be examined using survival analysis. However, the analysis will still only contribute to generating a hypothesis (that corticosteroids might be effective in preventing death) and not provide any evidence testing the hypothesis.

Another intermediate outcome that has caused controversy is the time between the start of treatment and coma recovery in survivors. A longer time may reflect more severe brain disease and a greater chance of long term damage. Warrell 1982 showed this to be prolonged in the corticosteroid group, and this is given as evidence of dexamethasone being harmful. Again, time-to-event calculations using a survival analysis may be helpful. Any further evidence would contribute to generating a hypothesis, not testing it. The latter requires follow-up of patients at three months or more to seek residual deficits.

Any interpretation of these data on time to event between survivors and fatalities should be made with care as they are a subgroup analysis.

AUTHORS' CONCLUSIONS

Implications for practice

There is insufficient evidence to support the use of corticosteroids in routine practice.

Implications for research

The two included trials did not have sufficient power to exclude a clinically worthwhile benefit. The data on harm suggest that corticosteroids do more harm than good, but problems with the data make it difficult to be definite about this.

Some evidence of potential benefit of corticosteroids is needed to justify a trial. Without a good clinical rationale, it seems hard to justify a trial given the evidence of adverse effects to date, despite problems with potential bias in the data. Also, there are now more adjunctive treatments in severe malaria, which may limit the potential impact of corticosteroids. However, emerging evidence of raised intracranial pressure in children with cerebral malaria could support arguments of potential benefit.

ACKNOWLEDGEMENTS

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Hoffman 1988 *{published data only}*

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Warrell 1982 *{published data only}*

Warrell DA, Looareesuwan S, Warrell MJ, Kasemsarn P, Intaraprasert R, Bunnag D, et al. Dexamethasone proves deleterious in cerebral malaria. A double-blind trial in 100 comatose patients. *New England Journal of Medicine* 1982;**306**(6):31–9.

References to studies excluded from this review

Rampengan 1984 *{published data only}*

Rampengan TH, Salendu-Warouw S, Wantania JM, Munir M. Corticosteroid in the treatment of cerebral malaria. *Paediatrica Indonesia* 1984;**24**(1-2):11–6.

Reid 1972 *{published data only}*

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Oriscello 1968

Oriscello RG. Cerebral malaria. *British Medical Journal* 1968;**3**(5618):617–8.

Philips 1985

Philips RE, Warrell DA, White NJ, Looareesuwan S, Karbwang J. Intravenous quinidine for the treatment of severe falciparum malaria. Clinical and pharmacokinetic studies. *New England Journal of Medicine* 1985;**312**(20):1273–8.

Shmitskamp 1971

Shmitskamp H, Wolthuis FH. New concepts in treatment of malignant tertian malaria and cerebral involvement. *British Medical Journal* 1971;**1**(5751):714–6.

Valecha 1994

Valecha N, Srivastava A, Sharma VP. Rational approach to the treatment of malaria. *National Medical Journal of India* 1994;**7**(6):281–7.

Warrell 1997

Warrell DA. Cerebral malaria: clinical features, pathophysiology and treatment. *Annals of Tropical Medicine and Parasitology* 1997;**91**(7):875–84.

White 1982

White NJ, Looareesuwan S, Warrell DA, Warrell MJ, Bunnag D, Harinasuta T. Quinine pharmacokinetics and toxicity in cerebral and uncomplicated falciparum malaria. *American Journal of Medicine* 1982;**73**(4):564–72.

Woodruff 1968

Woodruff AW, Dickinson CJ. Use of dexamethasone in cerebral malaria. *British Journal of Medicine* 1968;**3**(5609):31–2.

* Indicates the major publication for the study

CHARACTERISTICS OF STUDIES

Characteristics of included studies [ordered by study ID]

Hoffman 1988

Methods	Randomized boxes, with allocation concealment
Participants	Age: 1.5 to 42 years Gender: both sexes Excluded: patients with a history of seizure or receiving a central nervous system depressant drug Length of preceding illness: 6.2 days corticosteroid group; 4.8 days control group
Interventions	1. Dexamethasone (3 mg doses 8 hourly for 48 hours) plus quinine (20 mg/kg loading, 10 mg/kg 8 hourly intravenous infusion) 2. Placebo plus quinine Both groups also received tracheal suction, cooling, aminopyrine, and seizure and hypoglycaemia management
Outcomes	1. Death in hospital 2. Time to become rousable and time to regain a normal level of consciousness 3. Duration of fever 4. Infections, gastrointestinal bleeding, pulmonary oedema, and convulsions 5. No follow up after discharge
Notes	Location: Indonesia over 3 years 1 patient withdrawn and not included in the analysis

Warrell 1982

Methods	Randomization in sequential pairs, but allocation concealment unclear Double blind using placebo Intention-to-treat analysis
Participants	Age: 6 to 70 years Gender: both sexes; 7 patients were pregnant Inclusion criteria: coma with presence of asexual forms of <i>Plasmodium falciparum</i> in blood and with no other apparent cause of coma Exclusion criteria: coma following a generalized convulsion unless it lasted for > 6 hours; presence of a second disease (eg hepatitis B) that could not be regarded as a complication of cerebral malaria; history of recently received corticosteroid treatment Mean duration (days) of illness: 4 in each group
Interventions	1. Quinine plus dexamethasone; 50 participants 2. Quinine plus placebo; 50 participants Quinine initially intravenous (oral as soon as patients could swallow), in 8 hourly dose of 12 mg/kg of the salt to children aged 6 to 14 years and 10 mg/kg to adults diluted in 250 to 500 mL of 5% dextrose infuses over 4 hours Dexamethasone intravenous for children 0.6 mg/kg at the start followed by 7 doses of 0.2 mg/kg at 6-hour intervals; for adults 0.5 mg/kg at the start followed by 7 doses of 10 mg each (total duration of treatment 48 hours); total dose in 48 hours = 2 mg/kg for children

Warrell 1982 (Continued)

Outcomes	<ol style="list-style-type: none">1. Death in hospital2. Neurological sequelae at discharge (between 10 to 15 days after admission; no follow up after discharge)3. Time to become rousable and time to regain full consciousness4. Duration of fever5. Complications viz. infections, gastrointestinal bleeding, pulmonary oedema, psychosis and convulsions
Notes	Location: Thailand

Characteristics of excluded studies [ordered by study ID]

Rampengan 1984	Case series of 20 patients
Reid 1972	Randomized comparison between dexamethasone (4 participants) with a defibrinating agent (Ancrod) (3 participants); 2 participants “received neither and acted as controls”, implying they were not randomized

DATA AND ANALYSES

Comparison 1. Dexamethasone vs control

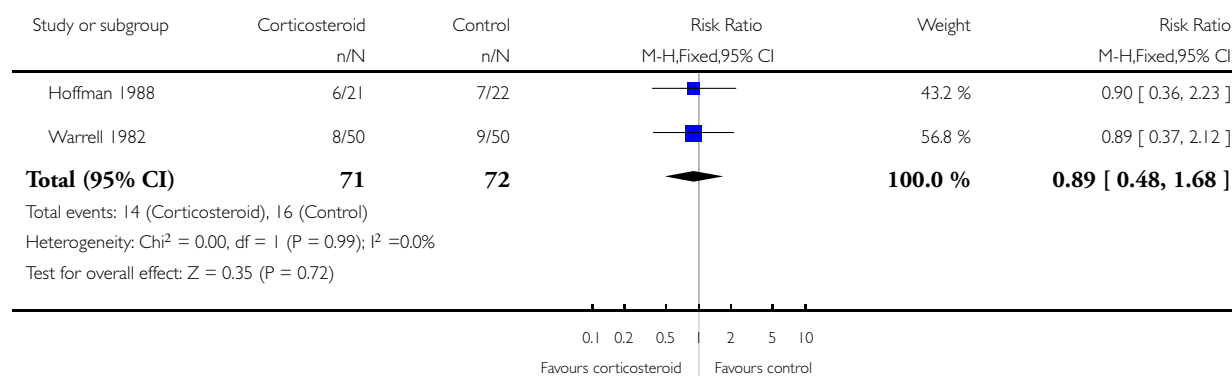
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Death in hospital	2	143	Risk Ratio (M-H, Fixed, 95% CI)	0.89 [0.48, 1.68]
2 Any acute complication	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
3 Pneumonia	2	143	Risk Ratio (M-H, Fixed, 95% CI)	1.70 [0.53, 5.40]
4 Pulmonary oedema	2	143	Risk Ratio (M-H, Fixed, 95% CI)	0.45 [0.15, 1.39]
5 Urinary tract infections	2	143	Risk Ratio (M-H, Fixed, 95% CI)	1.46 [0.74, 2.91]
6 Bacteraemia/septicaemia	2	143	Risk Ratio (M-H, Fixed, 95% CI)	0.76 [0.18, 3.30]
7 Gastrointestinal bleeding	2	143	Risk Ratio (M-H, Fixed, 95% CI)	8.17 [1.05, 63.57]
8 Seizures post-randomization	2	143	Risk Ratio (M-H, Fixed, 95% CI)	3.32 [1.05, 10.47]

Analysis 1.1. Comparison 1 Dexamethasone vs control, Outcome 1 Death in hospital.

Review: Steroids for treating cerebral malaria

Comparison: 1 Dexamethasone vs control

Outcome: 1 Death in hospital

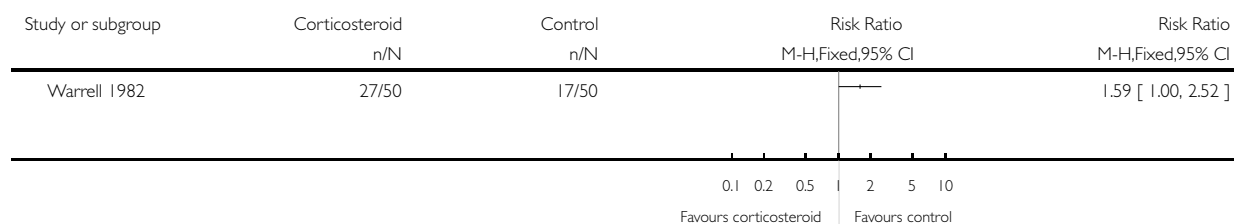


Analysis 1.2. Comparison 1 Dexamethasone vs control, Outcome 2 Any acute complication.

Review: Steroids for treating cerebral malaria

Comparison: 1 Dexamethasone vs control

Outcome: 2 Any acute complication

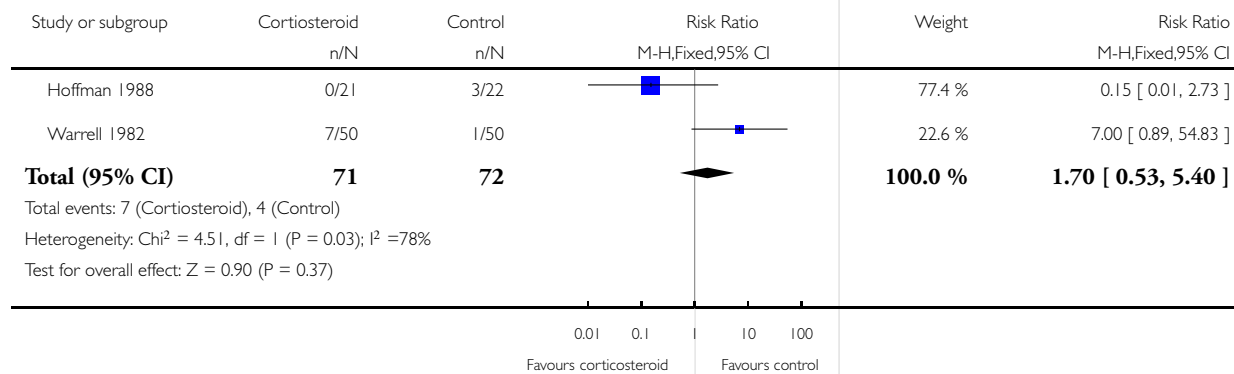


Analysis 1.3. Comparison 1 Dexamethasone vs control, Outcome 3 Pneumonia.

Review: Steroids for treating cerebral malaria

Comparison: 1 Dexamethasone vs control

Outcome: 3 Pneumonia

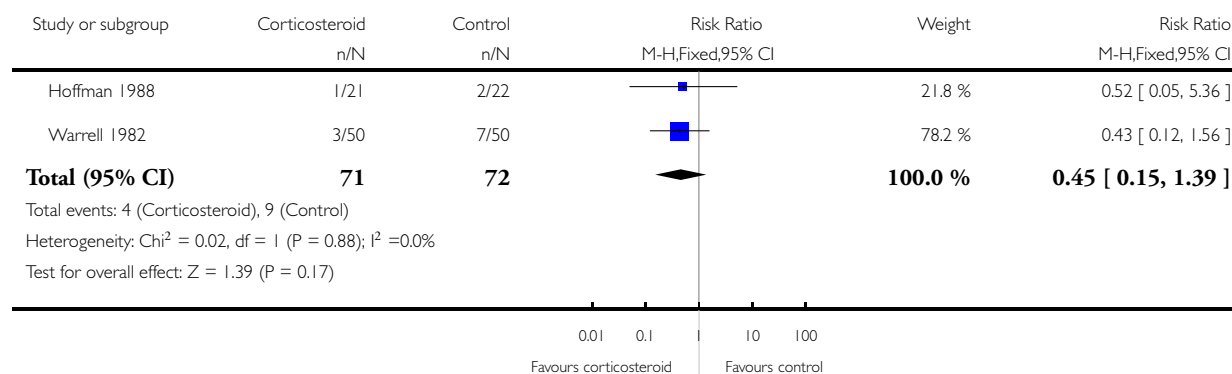


Analysis 1.4. Comparison 1 Dexamethasone vs control, Outcome 4 Pulmonary oedema.

Review: Steroids for treating cerebral malaria

Comparison: 1 Dexamethasone vs control

Outcome: 4 Pulmonary oedema

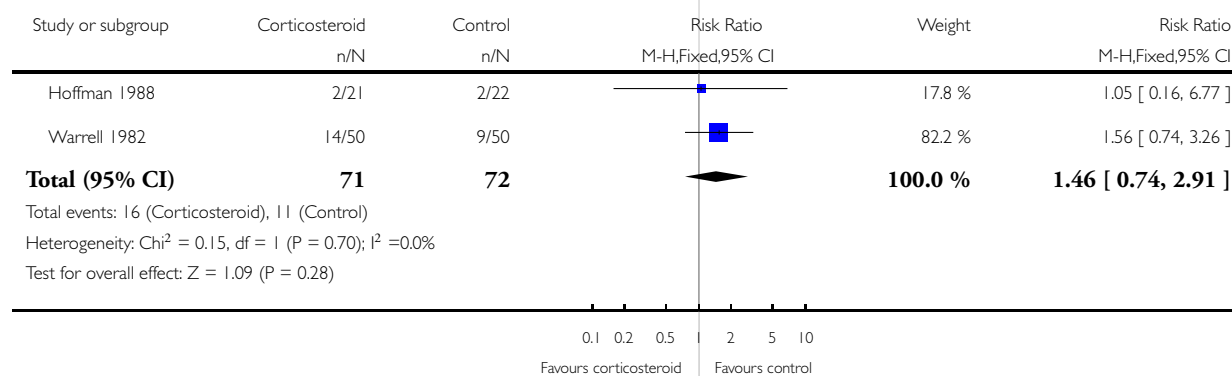


Analysis 1.5. Comparison 1 Dexamethasone vs control, Outcome 5 Urinary tract infections.

Review: Steroids for treating cerebral malaria

Comparison: 1 Dexamethasone vs control

Outcome: 5 Urinary tract infections

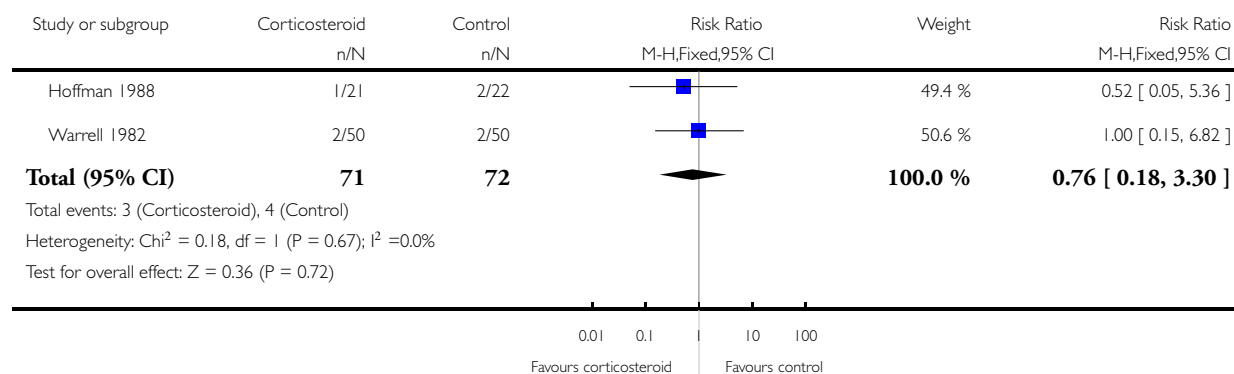


Analysis 1.6. Comparison 1 Dexamethasone vs control, Outcome 6 Bacteraemia/septicaemia.

Review: Steroids for treating cerebral malaria

Comparison: 1 Dexamethasone vs control

Outcome: 6 Bacteraemia/septicaemia

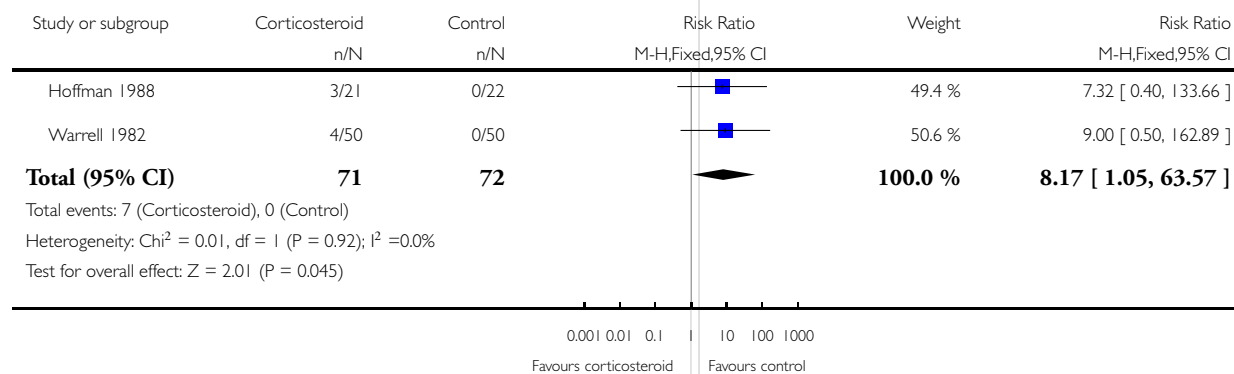


Analysis 1.7. Comparison 1 Dexamethasone vs control, Outcome 7 Gastrointestinal bleeding.

Review: Steroids for treating cerebral malaria

Comparison: 1 Dexamethasone vs control

Outcome: 7 Gastrointestinal bleeding

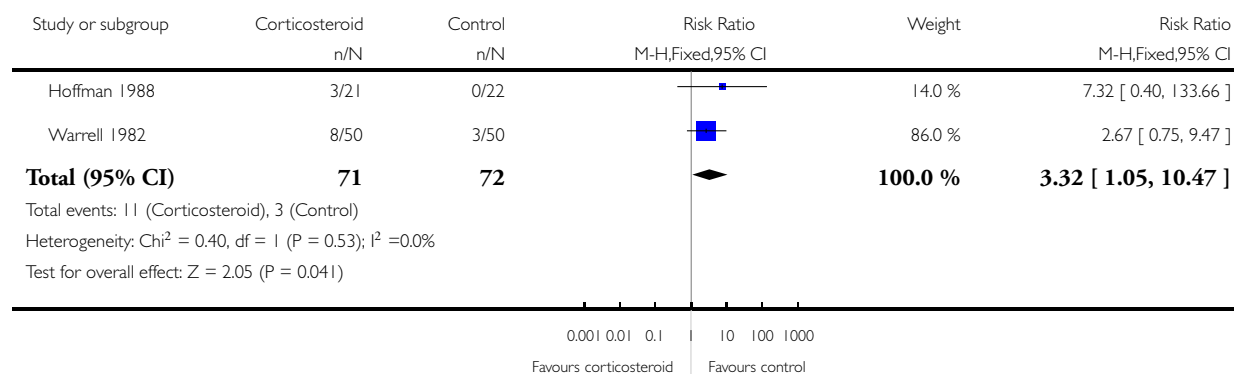


Analysis 1.8. Comparison 1 Dexamethasone vs control, Outcome 8 Seizures post-randomization.

Review: Steroids for treating cerebral malaria

Comparison: 1 Dexamethasone vs control

Outcome: 8 Seizures post-randomization



APPENDICES

Appendix 1. Search methods: search strategies for databases

Search set	CIDG SR ^a	CENTRAL	MEDLINE ^b	EMBASE ^b	LILACS ^b
1	malaria	MALARIA, CEREBRAL	MALARIA, CEREBRAL	BRAIN MALARIA	malaria
2	(brain OR cerebr* OR mening*)	malaria	malaria	malaria	(brain OR cerebr\$ OR mening\$)
3	1 AND 2	(brain OR cerebr* OR mening*)	(brain OR cerebr* OR mening*)	(brain OR cerebr\$ OR mening\$)	1 AND 2
4	steroid*	2 AND 3	2 AND 3	2 AND 3	steroid\$
5	corticosteroid*	1 OR 4	1 OR 4	1 OR 4	corticosteroid\$
6	dexamethasone	steroid*	steroid*	steroid\$	hydrocortisone
7	hydrocortisone	corticosteroid*	STEROIDS	STEROIDS	dexamethasone
8	prednisolone	glucocorticoid*	corticosteroid*	corticosteroid\$	prednisolone

(Continued)

9	4-8/OR	hydrocortisone	glucocorticoid*	glucocorticoid\$	4-8/OR
10	3 AND 9	prednisolone	hydrocortisone	hydrocortisone	3 AND 9
11	-	dexamethasone	dexamethasone	dexamethasone	-
12	-	6-11/OR	prednisolone	prednisolone	-
13	-	5 AND 12	prednisone	methylprednisone	-
14	-	-	methylprednisone	6-13/OR	-
15	-	-	6-14/OR	5 AND 14	-
16	-	-	5 AND 15	Limit 15 to Humans	-
17	-	-	Limit 16 to Human	-	-

^aCochrane Infectious Diseases Group Specialized Register.

^bSearch terms used in combination with the search strategy for retrieving trials developed by The Cochrane Collaboration ([Lefebvre 2008](#)); upper case: MeSH or Emtree heading; lower case: free text term.

WHAT'S NEW

Last assessed as up-to-date: 18 March 2008.

19 March 2008	New search has been performed	Search updated, and no new studies were identified.
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HISTORY

Protocol first published: Issue 1, 1998

Review first published: Issue 3, 1999

11 November 2008	Amended	Converted to new review format with minor editing. Summary statistics changed to risk ratios.
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CONTRIBUTIONS OF AUTHORS

Both authors contributed to the preparation of the review.

DECLARATIONS OF INTEREST

None known.

SOURCES OF SUPPORT

Internal sources

- Neurosciences Centre and Clinical Epidemiology Unit, AIIMS, New Delhi, India.

External sources

- Department for International Development, UK.
- Shell Petroleum Ltd, UK.
- European Commission (Development Directorate XII), Belgium.

DIFFERENCES BETWEEN PROTOCOL AND REVIEW

1999, Issue 3: There were too few trials for some analyses. We intended to measure the number of participants developing single or multiple complications. As direct comparison of morbid episodes alone can be confounded by different death rates in the two groups, we intended to analyse death and life-threatening conditions combined together. For time-to-event analysis (time to death or time to recover full consciousness), we intended to use survival analysis where possible. For analysis of time to recover consciousness, the participants who died were to be treated as 'unconscious' till the last time point in the survival curve.

INDEX TERMS

Medical Subject Headings (MeSH)

Adrenal Cortex Hormones [*therapeutic use]; Dexamethasone [therapeutic use]; Glucocorticoids [therapeutic use]; Hydrocortisone [therapeutic use]; Malaria, Cerebral [*drug therapy]; Prednisolone [therapeutic use]

MeSH check words

Humans